

## WELCOME TO DANCING!

To follow is some important information for your first dance class with

Firstly, please make sure that you have spoken to the Principal (Rory) before arriving to take class, and have had your **enrolment and placement confirmed**.

Please bring a **completed Enrolment Form and Enrolment Fee** in a sealed envelope with student's name clearly marked on the front.

If you don't have an Enrolment Form, don't worry, the teacher will have one that you can fill out while your child is taking class. Student's cannot commence lessons until the Enrolment Fee is paid as this covers their insurance policy and is compulsory.

Please ensure that students **wear something suitable** if they do not have a leotard. For example, a pair of swimmers and a skirt or a fitted shirt and leggings. Very young children are permitted to wear a "ballerina" or "fairy" dress for their first class, but please, **NO JIFFIES OR DRESS UP DANCE SHOES**. These shoes are slippery and ill-fitting and children may be upset if they are asked to remove them. Bare feet is best if you do not yet have a pair of ballet shoes.

Bring a **NAMED water bottle** to each and every class, and it is a good idea to get students used to bringing a named "**Dance Bag**" right from the first lesson. This creates a routine that is easy for parents and teachers, and provides somewhere to keep belongings and for the school to send notes home in.

**Don't buy dancewear yet!** Make sure you have done your first trial class so that you know that your money is not going to be wasted. The Uniform List is overleaf.

An Order Form will be provided or you may purchase from a dance shop, but please read the Uniform List carefully first, as it is compulsory and you will not be able to return used goods. In doubt, please don't hesitate to ask.

Shoes need to be properly fitted either by one of our teachers or at a dance shop.

Be aware that while second-hand shoes may seem like a bargain, if they are not the correct size and width you could be doing your child's feet more harm than good.

Hair needs to be in a bun or ponytail, or, if too short, secured with a headband and pins. Students cannot focus on dancing when their hair is in their eyes, and cannot turn if hair is flicking into eyes.

Jewellery is best left at home as it can be dangerous and creates distractions for little children.

Explain to children that they are going to be in a class environment.

Many very young children may have a completely different conception of a dance class to what it actually is! Don't worry, this is ok and they will still have a good time and will very quickly get used to the class structure, but it helps the process if they are aware of it beforehand.

Do all you can to have your child prepared and ready for a positive experience-

*Go to the bathroom before class*

*Make sure that they are fully awake if they still have a daytime sleep*

*Ensure that they have had a snack prior to class*

*Make it positive...you shouldn't have to bribe or threaten to get them to attend.*

*Remind them that the teacher is there for them and to always speak up if they need something or have a problem*

For the first class or two, you are welcome to stay and watch if you wish. However, please refrain from talking, answering mobiles etc and keep siblings well clear of the class area.

After the first class or 2 it is better if you don't stay. Children are less distracted and more inclined to focus on the teacher and work at hand if mum and dad aren't present and there are no noisy distractions. Of course if you have any concerns about what is happening in class or how your child is progressing, you are always welcome to stay to "check things out".

Students are not permitted to leave the studio until parents have come to the door to collect them.

If your child is sick, injured or special needs, or has any type of allergy or health issue, please make sure the teacher knows and note it on the Enrolment Form. Attach another sheet if necessary. Ensure asthmatics have a puffer etc.

PLEASE READ YOUR ENROLMENT INFO SHEET FOR FURTHER INFORMATION

# Uniform - Compulsory

## Girls

Black cotton-lycra sleeveless leotard with gather front and high back  
Pink or black cross-over (winter)

And....

### Ballet

Black chiffon wrap skirt  
Pink ballet tights (socks for Beginners)  
Pink ballet shoes

### Jazz

Black lambada skirt or black 3/4 leggings  
"Shimmer" jazz tights for performances (Level 1 upwards)  
Black split-sole jazz shoes

### Hip Hop

Black 3/4 leggings  
Black dance sneaker or black split-sole jazz shoes

### Tap

Black lambada skirt  
Black buckle-up tap shoes

## Hair and Jewellery

Hair is to be in a bun or ponytail, or secured with a headband if too short.  
No fringes. Students will be asked to tie hair up if they arrive at class with it loose/out.  
Jewellery can be dangerous when dancing and should be removed for class

## Boys

White fitted t-shirt  
Black dance shorts / dance tights  
White socks  
Black ballet/jazz/tap shoes/dance sneakers

We recommend that you either purchase your dancewear **through the school** or from  
**"Not Just Dancewear" at Noosaville.**